## INTRODUCTORY PROGRAM



This program is for newcomers who want to explore the benefits of taking Ballroom and Latin dance Lessons.

Dancing is uplifting and fun. It's also a great exercise. You will most definitely develop more strength and muscles as you dance along to inspiring Ballroom and Latin music.

## Program for couples or singles

The program includes 3 private dance Lessons. You will enjoy learning a mix of Ballroom (Waltz, Tango, Foxtrot) and Latin dances (Cha-Cha, Rumba, Jive) that will lift up your mood and make you enjoy all the benefits of dancing. Private dance instruction is the best way to learn how to dance properly. Here are 3 reasons why.

- 1. Customized to your needs and goals
- 2. Faster progress because of more attention to details and help from the instructor.
- 3. Convenience because lessons can be schedule at time that will work for you.

Introductory 3 Private dance lessons \$199 + GST

For more information or to schedule your first lesson:

Email: inquiries@dancesportacademyalberta.com

Phone: (403) 383-1455